PARISH NEWSLETTER

HONINGTON & SAPISTON

AUGUST 2026
Issue 666 - Celebrating Village Life

PARISH COUNCIL

The Parish Council met in July and raised a number of questions and concerns with West Suffolk Cllr Andrew Smith after the introduction of the new waste collection service. Cllr Smith will report back our comments.
Cllr Smith updated Cllrs on the proposed plan for RAF Barnham. Whilst Cllrs voiced concern over this site being used for the housing of Asylum Seekers, Cllrs felt it was prudent to wait to see what final proposals are made.
A number of incidents of vandalism have been reported to the police including graffiti around both villages and a report of a picnic table being thrown into the river.
Suffolk County Council have been asked to clear the drains along Church Road to prevent flooding.
Suffolk County Council will also be informed about signage blocking visibility at the crossroads on the A1088.
New **30 miles per hour speed awareness** stickers for bins reminding motorists to slow down have been purchased and are available in the Village Hall foyer.
The next meeting of the Parish Council will be on Monday 14 September at 7pm in the Village Hall.

VILLAGE HALL

Hi All, firstly may I humbly apologise for not being able to provide community lunch in July, this was entirely my fault in not completing the transaction when ordering the meat etc, truly sorry for the inconvenience caused.
On a brighter note we have had some lovely events in the field at the back of the hall (with more to come). The hall chairs have been deep cleaned and the emergency plan is taking shape.
Community Lunch - Thursday 13 August 12:30 - this will be the same menu as the one meant for July, Roast Pork with all the trimmings, Hunters Chicken, Bread & Butter Pudding, followed by Tea & Coffee - £8.00
Please place your order by 11.00 on Friday 7 August
Community Supper - Friday 28 August 7:00 and the menu choices are Beef Bourguignon with Rice, Chicken a la King or Mushroom Stroganoff and a selection of puddings, cheese, tea & coffee £10.00. Please place your menu choices by 11.00 Monday 24 August.
Raffle, and Play Your Cards Right at both events.
To book please email siripp@live.com or leave a message on the answerphone 01359 789195

CHURCH CREAM TEA - SAT 15 AUGUST

There are still a few £15 tickets left for the Cream Tea we are holding in The Village Hall on Saturday 15 August so please contact Marion on 01359 269 492 or Christine on 07879 063 480 as soon as possible.
Tickets will include a Cream Tea, musical entertainment and the opportunity to buy draw tickets, starting at 2.30pm. *Marion*

ANNUAL PICNIC - SUNDAY 6 SEPT 2:30

Village Hall Annual Picnic - **Get Your Tickets Now!**
We will be holding our annual picnic - outside hopefully but in the Hall if wet - on Sunday 6 September at 2:30pm. This is an event for all with a choice of free snacks and drinks for children and live music.
Adult tickets are £10 which includes a full picnic bag with a small bottle of wine or a soft drink.
Tickets must be booked by **Monday 10 August** so that we can order the picnics - please contact Linda Howe on 01359 269142 or lindahe1502@gmail.com or Ian Patterson Parker at the Hall.

IXWORTH SURGERY VOLUNTEER TRANSPORT SCHEME

Drivers URGENTLY needed for transport to the Surgery (from 1 to any number you choose to do) in return for 45p per mile - please contact Ray on 01842 898414.

BRIAN'S NATURE NOTES

A late hatch of Brimstone butterflies ... probably my favourite. Normally in August but like everything else the emergence dates have come forward, my first sighting on 7 July was the earliest yet.

Also the wonderful Hummingbird Hawk Moth ... if you have any Lavender or Buddleia they will find it .. great to watch but very difficult to photograph! *Brian Taylor*

BLACKBOURNE TREE GROUP

All the paths were excellently cleared at our well attended work day. The trees are suffering from another drought. There will be no meeting in August as so many are away. *Giles Smith*

HONINGTON & SAPISTON W.I.

We held our summer social in July when we were treated to a delicious buffet provided by the committee, and flower arrangements on the tables to take home at the end of the evening. Lively conversation, a quick game of human bingo and arrangements for some visits out made for a pleasant evening. The evening culminated in a demonstration of facial relaxation techniques by one of our very talented newer members so we all went home very chilled. New programmes were handed out and in August we have *Hawk Honey* whose subject is **The Forgotten Bees**. The competition is to bring a bee in any medium and the roll call is to name a flying insect.

On Tuesday 8 September we will be having an open meeting when *Heather Tilbury Phillips* will speak about **Mary Quant**. The cost to non-members will be £6. For more info please email HoningtonSapistonWI@proton.me

CHURCH NEWS

Congratulations to the winners of the Church Monthly Money Draw who were Doreen Harris, Joy Hawthorne and Robin & Linda Howe. We will draw the lucky numbers for August at our regular Coffee Morning at 10.30 in the Village Hall on Tuesday 4 August where we would love to see you and your friends for coffee, cake and chat!

There are still a few £15 tickets left for sale for the Cream Tea (see front page)

Sadly we are still hoping that someone would like to come and ring our church bells before the two 9.30am services held on the first and third Sunday of each month. Please contact Marion if you would like to volunteer.

Our treasurer Rachel would also love to hear from anyone who would like to financially help by arranging monthly bank payments, however big or small, to support the upkeep of our lovely village church, which is not only a place of worship but a historical building and grounds that needs to be preserved.

Please make contact with Rachel at Rose Cott House, Mill Road, Honington 07835 388 134 or contact Marion (church warden) on 01359 269 492.

Thank you to those who are putting your used (or unused) printer inks in the collection box in the church porch.

A date for your diary - We will be celebrating the Harvest by holding a **Ploughman's Harvest Lunch on Sunday 13 September.** Tickets for this will be available soon.

SUFFOLK CHURCHES RIDE & STRIDE

This year's **BIKE RIDE** starts at 9am on **Saturday 12 September**. I promised Claire that I would take on the local organisation, which she did for 25 years. If you are able to support our churches by riding, please let me know and I will drop in a form nearer the time. They will also be available in Honington Church.

In 2025 the event raised £5,000 for churches in our area. The Ride & Stride is the main source of income to Suffolk Historic Churches Trust to enable it to make grants to churches and chapels of all denominations towards repair and restoration. It is run entirely by volunteers and is inter-denominational, with participants sponsored for each place of worship visited between 9.00am and 5.00pm on the day, or with a donation, regardless of the number of churches visited.

The money raised by each cyclist or walker is shared equally between the Suffolk Historic Churches Trust and the place of worship nominated by the participant.

gilessmith3@gmail.com *Giles Smith*

VILLAGE SHOW - MON 31 AUGUST

With the Village Show only a couple of weeks away, we hope that the recent heat waves and hosepipe ban aren't affecting your vegetable and flower entries too much for this year's show!

Apart from the fun competitive nature and social side of this event, the purpose of the show is to raise funds for the upkeep of our Village Hall.

So whether you are entering or just viewing the exhibits and enjoying some well deserved refreshments, we can't wait to see you all and thank you for supporting us.

We are looking forward to seeing all your entries - nature-themed photography and art entries, recycled and

repurposed handicraft pieces, and of course delicious culinary items - the judges will have a difficult decision when placing the top 3 for each of our 41 categories. Don't forget that the show isn't just for adults, there are categories for those 15 years and under as well. So whether you are green-fingered, artistic or a culinary superstar, there is a category for you!
Please ensure that you bring along your submissions with completed entry forms to the village hall between 9 and 11am on the day, and we wish you the best of luck. Don't forget to ensure your name and contact number are taped underneath your entries so the committee knows who's prize winning efforts the judges have chosen.
As last year, local businesses have been very generous in donating raffle prizes but if you would like to contribute a little something, then any donations (or even cakes for the kitchen to sell with refreshments) are gladly accepted, and much appreciated. Please contact Julie on 07825 076 650 or Sue on 07930 273 807 to arrange delivery / collection or bring them along to the hall before 11am on the day.

COFFEE & CHAT @ THE FOX - THURS

Thursdays 9:00 to 10:30 for **everyone** - come and chat, meet new people or just have a break! Coffee & Pastry £5 - if you'd like a pastry please order on Wednesday - Harrison 07368 537 090

SOUL FREQUENCY - FRIDAY 14 AUGUST

Come and join the relaxing and blissful experience of the Gong on Friday 14 August at 7pm - See the Village Hall website for more details www.hsvh.org.uk/gong-baths or email Bryony on Bryony@soulfrequency.co.uk

THE FOX NEWS

1 & 2 August Fox On The Throttle (bikes, trikes and scooter rally) free to enter.

Quiz night Thursday 20 August

Now that the World Cup is over we would like to thank everyone for their support - opening hours have gone back to normal (see back page).
Any suggestions on opening hours can be sent to me. We are looking for volunteers to help with the garden and getting this pub looking nice - any suggestions and/or help are very much appreciated.
We are also looking for some more outdoor tables and chairs - happy to collect - *Harrison 07368 537 090*

MESSY CHURCH

June's Messy Church was a huge success with many families attending and having fun!
Sundays: 26 July, 27 Sept, 25 Oct and 22 November 10:00-12:00 Station Church, RAF Honington.
Fun & Games, food, stories, activities and crafts – for more info or to book sarah.hawes581@mod.gov.uk or see https://www.honingtonandsapiston.com/messy-church.html

HONINGTON CE PRIMARY SCHOOL

Honington & Sapiston Village Show

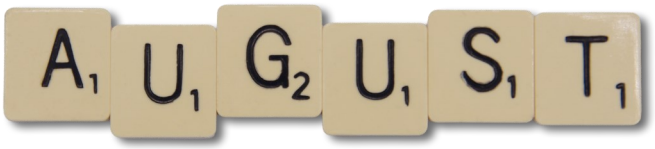
Our classrooms have been buzzing with excitement as the children have immersed themselves in a fascinating insect project. They have spent time researching a variety of insects, discovering amazing facts about their habitats and life cycles, before using their learning to inspire their own artwork.
After carefully planning their designs, each child created a beautiful canvas painting of their favourite insect, using a range of artistic techniques to bring their ideas to life. We are incredibly proud of the creativity, perseverance, and attention to detail they have shown throughout the project. This summer, the children's artwork will be proudly displayed at the Honington & Sapiston Village Show, giving families and members of the local community the opportunity to celebrate their hard work and creativity. We hope visitors enjoy exploring the exhibition and seeing the wonderful talent of our young artists.
Mrs Charlotte Romp, Assistant Headteacher

CAMERA CLUB

Our two subject tasks for July "Sporting Life" & "Fantasy" proved to be very challenging indeed. However we did have a good selection of images in both with imaginative creativity that was excellent.
Our Tuesday 18 August meeting has "Miniature World" & "Abandoned Beauty" as our tasks. Come along to the village hall for a 7 pm start, refreshments half way through, you will be most welcome. *Howard King*

1ST HONINGTON (RAF) SCOUT GROUP

Judy 07805 777162 judy.brooks2010@btinternet.com
or Martin 07531 560701 gsl1sthonington@gmail.com
www.honingtonandsapiston.com/1st-hon-raf-scout-group



@ THE VILLAGE HALL

Mon 3	*No Bury Soft Play this month*
Tues 4	**10:30 - 12:00 Church Coffee Morning**
	14:00 - 16:00 Knit & Natter
Wed 5	09:30 - 12:00 4 the Love of Art & Craft
	19:00 - 21:30 Bowls Club
Tues 11	14:00 - 16:00 Knit & Natter
	19:30 - 22:00 WI
Wed 12	09:30 - 12:00 4 the Love of Art & Craft
	19:00 - 21:30 Bowls Club
Thurs 13	**12:30 - 14:30 COMMUNITY LUNCH**
Fri 14	19:00 - 20:00 Soul Frequency
Sat 15	**14:30 - Church Cream Tea**
Tues 18	14:00 - 16:00 Knit & Natter
	19:00 - 21:30 Camera Club
Wed 19	09:30 - 12:00 4 the Love of Art & Craft
	19:00 - 21:30 Bowls Club
Tues 25	14:00 - 16:00 Knit & Natter
Wed 26	09:30 - 12:00 4 the Love of Art & Craft
	19:00 - 21:30 Bowls Club
Fri 28	**19:00 - 22:00 COMMUNITY SUPPER**
Mon 31	**14:00 - 16:30 VILLAGE SHOW**

Details of all Events, Clubs & Groups are on the Village Hall website at www.hsvh.org.uk

MORE INFO @

Netty Mendez, **Art** - 07867 975602
Eric Martin, **Bowls** - 01359 269536
Howard King, **Camera Club** - 01359 268763
Jenny Philips, **Knit & Natter** - 01359 268269
Women's Institute - HoningtonSapistonWI@proton.me

BINS - AUGUST

Tues 4	**GREEN BIN** & Food Waste
Mon 10	**BROWN BIN**
Tues 11	**BLACK BIN** & Food Waste
Tues 18	**BLUE BIN** & Food Waste
Mon 24	**BROWN BIN**
Tues 25	**BLACK BIN** & Food Waste

Please remember to leave your bins out the night before or by 06.15 on the day.

DATES FOR YOUR DIARY

Saturday 15 August - Church Cream Tea
Monday 31 August - Village Show
Sunday 6 September - Annual Picnic
Sunday 13 September - Ploughman's Harvest Lunch
Sunday 15 November - Christmas Craft Fair & Santa

TREE GROUP - SEPTEMBER

No Tree Group in August

CHURCH SERVICES IN AUGUST

Sunday 2 August - 9:30 - BCP Said Communion, Honington
Sunday 16 August - 9:30 - Family Communion, Honington

THIS MONTH @ THE FOX

Saturday 1 & Sunday 2 August - Fox On The Throttle
Thursday 20 August - Quiz Night

Monday 5:00 - 10:00
Tuesday - closed
Wednesday - closed
Thursday 9:00 - 10:30 and 5:00 - 10:00
Friday 4:00 - 10:00
Saturday 12:00 - 10:00
Sunday 12:00 - 5:00
For more details www.hsvh.org.uk/the-fox-inn

MOBILE LIBRARY 30 JULY & 27 AUGUST

11:45 - 12:00 Rymer Court, Honington
12:20 - 12:40 RAFA Kidz Nursery
15:00 - 15:25 Sapiston

FOOT CLINIC

Saturdays	Martin Waterman - Appt only
Wednesdays	Martin Waterman - Appt only
Thursdays	09:00 - 13:00 - Emma Howells
Martin Waterman	07932 937592 / 01359 268073
Emma Howells	07721 593537 / 01359 268073
	emma.howells83@gmail.com

For full details go to the website at:
www.hsvh.org.uk/honington-foot-care

Please send any entries for the Newsletter to:
honingtonandsapiston@yahoo.com
by the 20th of the month - thank you